

## Infant Room Schedule

- Arrival: Information and messages are exchanged between parents and primary caregivers
- Breakfast: Food is served according to the needs of each baby in accordance with parent instructions
- Morning Nap: Babies nap at a time that is consistent with their needs or schedule based on parents information. Nap time and duration are unique to each baby
- Activities: The schedule is flexible and depends on the individual needs of each baby. Infants participate in activities that are designed to meet their individual needs.  
Gross Motor Activities  
Fine Motor Activities  
Language  
Cognitive  
Self-Help Skills  
Outdoor Play/Walks
- Lunch: Infants are fed according to their need and parents directions
- Afternoon Nap: Infants nap at a time that is consistent with their need or schedule. Nap and duration are unique to each baby.
- Afternoon Snack: Infants have a snack or formula bottle based on their needs.
- Afternoon Activities: A continuation of morning activities, as well as music, books and interactions with staff and other children
- Departure: Babies are diapered, fed (if needed) and prepared for departure. Child's day is discussed with parents.

\*\*\*\* Diapers are checked every 2 hours and changed as needed